



# Yellow Ribbon



CONNECTING YOU WITH THE BENEFITS YOU EARNED

## About the Program

**The Yellow Ribbon Reintegration Program (YRRP) provides** SERVICE MEMBERS AND FAMILIES with valuable information before, during, and after deployments by connecting you with the subject matter experts.

Through Yellow Ribbon Symposium Events, **you will gain access to a wealth of services and knowledge** that can help prepare you to deal with the deployment. Yellow Ribbon spans the entire deployment cycle because there are different challenges at each phase..

- Pre-Deployment Event (for all)
- During Deployment Event (for Families)
- Post Deployment Event (for all)

### **Deployment can be hard on all family**

**members;** whether you are a spouse, parent, sibling, or child of a service member. The YRRP recognizes this and seeks to provide information relevant to all family members.

YRRP Youth Events offer **fun activities and learning opportunities for children and/or younger siblings.** The activities help them to understand deployment and how to cope with separation & re-integration in a fun learning environment.

**All service members who deploy for 90 days or more within the year** are required to participate in this program. All family members are highly encouraged to attend. These events will provide you with the opportunity to hear the information firsthand and ask questions.

Listed below is an example of the **information and topics that are covered** at Yellow Ribbon Symposi-ums for our **valued family members.**

- Yoga
- VA Benefits
- Artistic Relaxation Techniques
- Attacker Awareness / Self Defense
- Financial Readiness
- Massage Therapy Relaxation Techniques
- Youth Programs
- Separation and Reunion Strategies
- Emergency Notification Process
- Employment Assistance for service member and family

**Thank you** National Guard members for serving our Country and State. Thank you family members for your sacrifices as your loved one serves.

**FREE BREAKFAST,  
LUNCH AND/OR  
DINNER PROVIDED**

**FREE CHILDCARE  
YOUTH ACTIVITIES**

**FOR AUTHORIZED  
MEMBERS & FAMILIES**

## Program Point of Contacts

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**\*Event Specific Information To Follow From The Yellow Ribbon Office \***

## Extended Gratitude

Thank you National Guard Members for serving our Country and State. Thank you Family Members for your sacrifice as your loved one serves. We look forward to helping you navigate your way through the benefits and programs that you are entitled to during each phase of the deployment cycle.

Deployments can be an overwhelming time for Members and their Families. The Yellow Ribbon Program is here to assist and support you to ensure your needs are met. Please take advantage of the vast resources that will be provided in the upcoming Symposium Events, The curriculum has been designed with YOU in mind!!

On behalf of RIO Command,

**Thank you!**

### Quick Notes:

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# YELLOW RIBBON PROGRAM

For those who serve and support

## What's In It For Me?



## The Real Stuff

Yellow Ribbon Symposium Events offer fun activities and learning opportunities for Service Members and their Families. Taking place in a fun, interactive learning environment, Service Members and Families will come to better understand and prepare for the challenges of deployment, separation, and reintegration.

- \* Individual and Family Resiliency Training
- \* Financial Readiness Classes
- \* Legal Assistance
- \* Separation, Reunion, and Reintegration Strategies
- \* Updated Information regarding Family Benefits
- \* Child and Youth Programs

Through Yellow Ribbon Reintegration Program (YRRP) Symposium Events, **you will gain access to a wealth of services and knowledge** that can help prepare you to deal with the entire deployment cycle. In addition to the information being useful, it will be entertaining as well. We are committed to making this a worth while experience. Yellow Ribbon spans the entire deployment cycle to target the challenges within each phase of deployment:

- ⇒ **Pre-Deployment (for All)**
- ⇒ **During Deployment (for Families)**
- ⇒ **30/60 Day Post Deployment (for All)**

## The Good Stuff

### ◆ Artistic Relaxation

Looking for the perfect way to paint with a twist? If so, this is right up your alley! This class is designed to teach you how to relax and express yourself through art form on canvas board while our instructor talks openly about deployment.



### ◆ VA Benefits

State VA Benefits, VA Education, VA Disability, VA Death Benefits...what all does this really mean to you and your family? What entitlements and benefits are available to you because of your service? Let us provide you with the latest information about what you have earned!

### ◆ Attacker Awareness

This class, taught by the Louisiana National Guard Combative Team, is fun-filled and very interactive. It is specifically designed to teach you self defense techniques and what to look out for in your area.



### ◆ Massage Therapy Relaxation Techniques

This program shows you ways to relieve stress by learning a few easy steps to incorporate into your day to day life-style.

### ◆ Yoga

Don't knock it before you try it!! The amazing instructors bring in yoga mats for all attendees and teach you how to get into the right frame of mind by relieving added stressors while learning a healthy balance in the process. Yoga is our most participated class and highest rated!



Relax, Unwind, Relieve Stress

### ◆ VA Home Loans



Have you considered refinancing, but don't know the current rates? Do you know how to obtain a VA Home Loan? If you are interested in learning more about VA

Home Loans and funding, then this educational class is for you.

## We are here for YOU!



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Louisiana Yellow Ribbon Reintegration Program