



# Regional Yellow Ribbon Event

March 27-29, 2015

Rhode Island Convention Center, One Sabin Street, Providence, RI 02903



## Friday, March 27<sup>th</sup>

Time		Presenter	Location
8:00	Pre Separation Brief	<i>Regional AFRPM Team</i>	Level 1 West Lobby
10:00	TAP Brief		Level 1 West Lobby
12:00	LUNCH		
1:30-4:30	TAP Brief		Level 1 West Lobby
6-8:00	Registration at the Crowne Plaza		Newport Room

## Saturday, March 28<sup>th</sup>

Time		Presenter	Location
7:00	Breakfast		Exhibit Hall B
8:00	Drop children off (NLT 8:00)		Room 554 A & B
		<i>Introduction by LtCol Denis Riel</i>	
		<i>Presentation of The Colors and playing of The National Anthem by Pawtuxet Rangers, R.I.M. 1774</i>	
8:10	Opening Ceremony	<i>Welcome &amp; Opening Remarks by Major General Kevin McBride The Adjutant General, Rhode Island</i>	Exhibit Hall B
		<i>RI US Delegation: Senator Sheldon Whitehouse and Congressman David Cicilline</i>	
8:30	Who Gets The Best You?	<i>Ottis West</i>	Exhibit Hall B
9:15	Break/Vendor Visitation		Exhibit Hall B
9:30	Breakout Session 1 (choose 1)		
	Department of Labor/ESGR	<i>Jack Andrade and George Palazzo</i>	Room 551 A
	Consumer Credit & ID Theft	<i>Sue Katz</i>	Room 551 B
	Post Deployment: MOS/Tricare/ Dental/Family Health/Martins Point	<i>Resource Representatives</i>	Room 552 A
	Strong Bonds Program Overview	<i>Chaplain Mathew Friese and TSgt Jessica Rawlinitis</i>	Exhibit Hall B
9:30-12:30	Four Lenses	<i>Brigette Lamont and Noelani Uhl</i>	Room 552 B
10:30	Breakout Session 2 (choose 1)		
	Investing for Retirement	<i>Dominic Dellavolpe</i>	Room 551 A
	Are You Living Your Goals?	<i>Ottis West</i>	Room 551 B
	Small Business Association	<i>Mike Fitzgerald</i>	Room 552 A
	Strong Bonds Program Overview	<i>Chaplain Mathew Friese and TSgt Jessica Rawlinitis</i>	Exhibit Hall B
11:30	Break/Vendor Visitation		Exhibit Hall B
11:45	Breakout Session 3 (choose 1)		
	The Impact of Deployment	<i>Jeanne Sherman</i>	Room 551 A
	Post Secondary Education Benefits	<i>Earl Bonnet</i>	Room 551 B
	Transitioning Military Experience to Your Civilian Resume	<i>Jack Andrade</i>	Room 552 A
	Strong Bonds Program Overview	<i>Chaplain Mathew Friese and TSgt Jessica Rawlinitis</i>	Exhibit Hall B
12:30	Lunch		Exhibit Hall B



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## Saturday, March 28<sup>th</sup> (Continued)

Time		Presenter	Location
1:30	<b>Breakout Session 4 (choose 1)</b>		
	Making Ends Meet	<i>Dominic Dellavolpe</i>	Room 551 A
	<u>Post Deployment:</u> Vet Center/VA/TAA	<i>Resource Representatives</i>	Room 551 B
	<u>Pre Deployment:</u> MOS/Tricare/Dental/ Family Health/Martins Point	<i>Resource Representatives</i>	Room 552 A
	Strong Bonds Program Overview	<i>Chaplain Matthew Friese and TSgt Jessica Rawlinitis</i>	Exhibit Hall B
	Women Veterans: A Listening Session	<i>Tonya Maselli McConnell</i>	Room 552 B
2:30	<b>Break/Vendor Visitation</b>		Exhibit Hall B
3:00	<b>Breakout Session 5 (choose 1)</b>		
	Stress! What It is and What You Can Do About It	<i>Chris Morse</i>	Room 551 A
	<u>Pre Deployment:</u> Vet Center/VA/Red Cross	<i>Resource Representatives</i>	Room 551 B
	<u>Post Deployment:</u> MOS/Tricare/Dental/ Family Health/Martins Point	<i>Resource Representatives</i>	Room 552 A
	Creating a Family Communication Plan	<i>Clarisse DiCandia</i>	Room 552 B
	Strong Bonds Program Overview	<i>Chaplain Matthew Friese and TSgt Jessica Rawlinitis</i>	Exhibit Hall B
4:00	<b>Break/Vendor Visitation</b>		Exhibit Hall B
4:15	<b>Wrap Up/Closing Remarks</b>		Exhibit Hall B
4:30	<b>Pick up Children</b>		Room 554 A & B

## Sunday, March 29<sup>th</sup>

Time		Speaker	Location
7:00	<b>Breakfast</b>		Exhibit Hall B
7:45	<b>Drop off Children (NLT 7:45)</b>		Room 554 A & B
8:00	<b>Breakout Session 1 (Choose 1)</b>		
	There & Back Yoga	<i>Keri McIntosh</i>	Room 555 A
	Overcoming Insomnia After Deployment	<i>Samantha Collum</i>	Room 555 B
	<u>Pre Deployment:</u> MOS/Tricare/Dental/ Family Health/Martins Point/Vet Cen- ter/VA/Red Cross	<i>Resource Representatives</i>	Room 556 A
	<u>Post Deployment:</u> VA/TAA/Vet Center	<i>Resource Representatives</i>	Exhibit Hall B
8:00-11:00	Four Lenses	<i>Bridget Lamont and Noelani Uhl</i>	Room 556 B
9:15	<b>Break/Vendor Visitation</b>		Exhibit Hall B
9:45	<b>Breakout Session 2 (choose 1)</b>		
	Get Fit Instruction (Service Members only)	<i>Brandon Padilla</i>	Room 555 A
	Puzzling Time (Spouses only)	<i>Tina Scully and Jill Garvin</i>	Room 555 B
	Parents of Service Members: When Your Child Deploys	<i>Faith Lamunyon</i>	Room 556 A
11:00	<b>Break/Vendor Visitation</b>		Exhibit Hall B
11:20	<b>Surveys/Closing Remarks</b>		Exhibit Hall B
12:00	<b>Pick up Children</b>		Room 554 A & B